



Lahser Pre-voc. Centers, Inc.

Lahser Pre-Vocational Centers wishes everyone a safe and Happy New Year. As you celebrate, remember to continue to do all you can so we can soon return to our normal routines. In this issue we describe all that we are doing, and the precautions we take in efforts to help keep the staff and individuals safe while attending the Lahser Pre-Vocational Centers. Together we will get through this difficult time.



OUR MISSION:

To provide individuals with life enrichment opportunities and alternatives, including recreational, academic, social, and therapeutic services that enable them to function at their optimum potential with all the rights afforded them as full citizens.

OUR VISION:

To be a center for learning and developing, in an atmosphere of creativity through daily activities and community inclusion.

Staff & Individual Trainings w/ Ongoing Trainings

Employees will be thoroughly trained and staff will be in-serviced as protocols change or are updated as directed by the contracting agency, State of Michigan and/or CDC. Trainings will be physical demonstrations and sign offs with an appropriate trainer, such as the program manager or safety coordinator. Trainings will include, but are not limited to the following: How and what to clean, how often things need to be cleaned, how to properly put on/take off all PPE, proper hand hygiene, cough etiquette, etc.



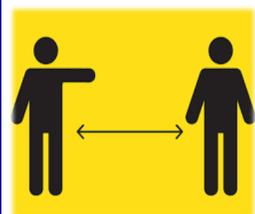
All individuals will be thoroughly trained upon returning to the program, and reviews will be done with staff regularly during group discussions in classes, participant meetings, etc. Trainings will be provided in various ways necessary to help each individual retain that information, based on their needs and abilities. Trainings will include, but are not limited to the following: Social distancing and following the posted traffic arrows, why changes are happening and what they can do to help, how to put on/take off PPE, training on air hugs/greeting people, proper hand hygiene and cough etiquette.

Protocol for Entry into Facility

Screening Stations: All employees, individuals and visitors entering LPV Centers will be screened upon arrival. Everyone must use hand sanitizer and have on a face mask upon entry. They will have their temperatures taken with a no touch thermometer (or digital if necessary) and will complete a screening questionnaire based off of CDC guidelines. Results will be kept in file for future reference. Should a person arrive with potential symptoms, they will not enter the building, but will be directed to go directly home and set an appointment with a doctor to test them. The person will not be able to come to the program site for a minimum of 3 days and/or once they receive a Covid-19 test confirmation. (Return to site will be determined based on the test results).



Each provided service will have 6 individuals to 1 staff. Lahser has standard size tables available for individuals to use alone, and 6-8 foot tables for 2 individuals to use at a time (1 individual at each end). We will use red tape to distinguish traffic flow. Blue tape will be used for X's to keep seats/areas 6 feet apart. We will train all employees and individuals on proper social distancing techniques. Staff will wear aprons with readily available sup-



plies that are needed for quick use. Each area will have a locked cabinet/storage fully stacked with CDC certified cleaners (70% alcohol, EPA approved), sanitizers, wipes, etc. to be used at any time and/or on a periodic basis throughout the day. All classroom doors will remain open to decrease hand contact from touching the handles.



Hourly Bathroom Cleaning

Restrooms will be disinfected and stocked daily by employees and/or by our skill builders' team (with supervision by staff) to eliminate the spread of germs. To ensure that all supplies needed are readily available, we will use the *Hourly Bathroom Cleaning Checklist*.



Bring Paper Bag Lunches

Lahser Centers strongly recommend that individuals bring paper bag lunches, with food placed in sandwich bags so that all items can be discarded after use. We will only be accepting cold lunches due to the health and safety risks. This will help to control the spread of germs. Please ensure that all lunch bags are labeled with the individuals' name. *See below for some help with ideas for lunch items.*



Lunch Box Ideas

From Meet the Dusiens



Carbs

- * sandwiches - on bagels, bread, or buns
- * crackers - wheat thins, Goldfish
- * graham crackers
- * tortillas - make wraps or quesadillas
- * mini rice cakes
- * mini muffins
- * homemade breads - banana, zucchini
- * waffles
- * silver dollar pancakes
- * dry cereal
- * granola or cereal bars
- * english muffin pizzas - shape pepperonis
- * pretzels
- * cold pasta salad - pasta, peas, cheese, dressing

Dairy

- * cheese - cut into shapes
- * cheese strings
- * cream cheese and jam sandwiches
- * yogurt
- * yogurt tubes - freeze them
- * yogurt drinks - freeze them
- * smoothies - freeze them

Meats/Proteins

- * lunch meat roll-ups
- * cold rotisserie chicken
- * hard boiled eggs
- * meat sandwiches
- * chicken or beef quesadillas
- * hummus (with veggie dippers)

Fruits

- * strawberries
- * raspberries
- * blueberries
- * blackberries
- * cantaloupe
- * watermelon
- * honeydew melon
- * kiwi
- * grapes
- * oranges - peel first
- * banana - slice or peel first
- * apples and pears - dip in pineapple juice
- * pineapple
- * peaches/nectarines
- * plums
- * unsweetened applesauce
- * raisins/craisins
- * dried fruits
- * fruit leather

Veggies

- * baby carrots
- * cucumber
- * celery
- * steamed broccoli
- * steamed green beans
- * frozen peas/corn - will defrost
- * salsa for dipping
- * pickles

Van Safety Protocols

There will be stocked PPE kits/Hygiene bags available for each van and will be sanitized and restocked (using Checklist) after each use. Employees will be required to clean and sanitize the transport van after each route.



A MESSAGE TO THE LAHSER TEAM

We would like to take this time to say thank you to our entire staff for your dedication and commitment to the individuals we serve and to the team. You help make the Lahser Centers a fun place to be with the unique gifts and talents that each of you bring.

Congrats to all the year end Lahser award recipients. Thank you for going the extra mile during this difficult time.

We are hopeful and look forward to great things in the new year!

Sincerely,

Tas & Sharon

*thank
you*

After the holidays we will begin offering tours again at our Lahser Centers to show how we are safely providing services. We have centers located in Troy and Clarkston.

527 Executive Drive , Troy, MI 48083

5871 Dixie Hwy. Clarkston, MI 48346



PROGRAM OBSERVATION TOURS

**COME TOUR OUR LAHSER
CENTERS TO SEE HOW WE ARE
SAFELY PROVIDING SERVICES!**

Call Now to Schedule an Appointment!

Monday - Friday 8am - 4pm

Troy Center - Tasnim: (248) 672-6765

Clarkston Center - Sharon: (248) 672-6605





6001 N. Adams Rd. Ste. 165
Bloomfield Hills, MI 48304

Please visit us at www.lahserpre-voc.org

Follow us on



We would like to thank all of our supporters for their gifts over the years. Charitable donations including cash, stocks and professional services assist in our continuing efforts to promote personal growth and enrich the lives of the people we serve. All donations are Tax-Deductible. If you would like to discuss a donation with a member of our staff, please contact our office at:

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